

HYPOALLERGENIC CAT BREEDS

1 in 10
ABOUT 10% OF
THE U.S. POPULATION
HAS PET ALLERGIES

2X

CAT ALLERGIES
ARE TWICE AS COMMON
AS DOG ALLERGIES



MALE CATS PRODUCE
MORE ALLERGENS
THAN FEMALES



KITTENS PRODUCE
LESS ALLERGENS
THAN ADULT CATS

HYPOALLERGENIC CAT BREEDS

Oriental Shorthair

Very short, fine coat with minimal shedding

Chatty, curious, smart, and loving



Balinese

Known as the "long-haired Siamese"

Sociable, vocal, playful, and inquisitive



Siberian

Believed to be ancestral to all modern long-haired cats

Friendly, gentle, adventurous, and calm



Bengal

Cross between a domestic cat and an Asian Leopard cat

Highly energetic, sociable, and loves to play in water!



Devon Rex

Soft, short, and curly coat with minimal shedding

Playful, known for being forever "kittens at heart"



Russian Blue

Short, double coat that is silky and plush

Loyal, intelligent, playful, and somewhat shy



Sphynx

Hairless (though not maintenance-free)

Intelligent, inquisitive, and extremely friendly



Cornish Rex

Soft "undercoat" of down hair with minimal shedding

Affectionate, energetic, and people-oriented



WHAT MAKES CATS

ALLERGENIC?

01

Cat fur is not the problem

02

The culprit is actually tiny proteins found in cat saliva, urine, and dander

03

The primary cat allergen is the protein Felis domesticus 1 (Fel d 1)

Although no cat is 100% allergen-free, these 8 breeds may produce less Fel d 1 or have types of fur coats that minimize shedding and dander. If you're prone to cat allergies, visit your local shelter to see if any of these breeds are available!